

## Explorations Program

### Contact

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### Admission Requirements

*(In years as established by the college)*

A high school diploma with the following specific courses:

- 4 English
- 2 Algebra I & II
- 1 Geometry
- 2 Lab Science (including biology)
- 2 History/Social Studies
- 2 Foreign Language (same language or two years of American Sign Language)
- Academic electives (to equal at least 17 credits)

*To ensure current mathematical skills, students should take a mathematics course during their senior year of high school.*

### How do I apply?

Visit [go.umaine.edu](http://go.umaine.edu) for an application as well as information about academics and life at UMaine.

### Did You Know?

You should not worry about being undecided. If you are not sure about your academic interests, if your academic interests fall within more than one specific college at the University of Maine or if you have not decided which college major would best serve your needs, then Explorations may help you.

### Program Description

Explorations is a nationally recognized, one-year program for first-year students undecided about a major. Students may apply directly to Explorations or may, in some cases, be referred to the program by the admissions office. Students entering Explorations, a program unique to the University of Maine System, can feel confident about their experience. It is a unique opportunity to build a network of professionals on campus who will guide them through their first year and quickly move them into their chosen major.

### Specialized Information

Research indicates that a substantial number of students enter college without a specific major in mind. Explorations has been designed specifically to meet the needs of such undecided students.

Explorations students select from the same college courses taken by other degree students at the university. These courses will be used to complete general education requirements that are required of all UMaine students and are intended to provide a strong foundation when students select their major. Courses are selected to help students explore their interests and help them select their major.

Credits taken in the Explorations Program transfer to any college or program. First-year students in Explorations develop a professional relationship with their academic advisor prior to the first day of school. Through e-mail and phone conversations, students are contacted as the class schedule for the first semester is negotiated.

Students enrolled in the Explorations Program are required to take a first-year seminar taught by their academic advisor. This seminar meets once a week for 50 minutes. Students must pass the seminar as an entrance requirement to their chosen major. In addition to the seminar, all coursework completed while in the Explorations Program will fulfill program requirements once the major is chosen.

Students in Explorations may be invited to participate in the Honors College.

### About UMaine

The University of Maine, founded in Orono in 1865, is the state's premier public university. It is among the most comprehensive higher education institutions in the Northeast and attracts students from across the U.S. and more than 60 countries. It currently enrolls 12,000 total undergraduate and graduate students who can directly participate in groundbreaking research working with world-class scholars. Students are offered 88 bachelor's degree programs, 64 master's degree programs, 25 doctoral programs and one of the oldest and most prestigious honors programs in the U.S. The university promotes environmental stewardship on its campus, with substantial efforts aimed at conserving energy, recycling and adhering to green building standards in new construction. For more information about UMaine, go online ([umaine.edu](http://umaine.edu)). Equal opportunity information also is available online ([umaine.edu/eo](http://umaine.edu/eo)).

### Academic Programs 2011–12

The latest versions of the UMaine fact sheets are online ([factsheets.umaine.edu](http://factsheets.umaine.edu)). This fact sheet is intended for informational purposes only and is subject to change.