

# Psychology

Bachelor of Arts Degree

## Contact

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## Admission Requirements

*(In years as established by the college)*

A high school diploma with the following specific courses:

- 4 English
- 2 Algebra I & II
- 1 Geometry
- 2 Lab Science (including biology)
- 2 History/Social Studies
- 2 Foreign Language  
(same language or two years of American Sign Language)
- Academic electives (to equal at least 17 credits)

*To ensure current mathematical skills, students should take a mathematics course during their senior year of high school.*

## How do I apply?

- Psychology majors have opportunities to participate in a research-intensive track and be mentored by graduate students and faculty in the department.
- Two unique learning environments on campus for psychology majors are the Child Study Center, a preschool, and the Psychological Services Center, an outpatient clinic.

## College of Liberal Arts and Sciences

### Program Description

The instruction offered by the Department of Psychology is designed to involve our students in psychology as a biological science and as a social science. The department offers courses that introduce the student to psychological theory, methodology, research findings and applications of psychological principles. In addition to providing breadth of exposure to the field of psychology, our program provides a range of opportunities for depth of experience in a particular area of interest. We require a concentration in one of three areas: abnormal/social, biological/cognitive or developmental psychology. Students in psychology have the opportunity to work closely with faculty members conducting research. We offer a research-intensive track for students who perform very well academically. Some students serve research apprenticeships in which they participate in the faculty members' ongoing research. Psychology faculty conduct research in a variety of areas, including relations among cognitive, emotional and social development in children and adolescents, circadian biological rhythms, social identity and social stigma, and women's mental and physical health, among many others. There are opportunities for advanced students to conduct independent research projects. Our doctoral program in clinical psychology is accredited by the American Psychological Association.

### Specialized Information

Our students have opportunities to work with research programs through courses such as PSY 492 (Problems in Psychology) and PSY 494 (Senior Research Project). Because we have strong graduate programs, these research opportunities are often enriched through mentoring by graduate students as well as faculty. There are several small scholarships and awards in the department for our undergraduate majors that can be used to defray costs for their research projects or for attendance and presentations at professional conferences. Our advising program includes an Undergraduate Resource Room for assistance and information with respect to academic and career questions. Many students in psychology are participants in the Honors Program and/or complete a second academic major or an academic minor. The department collaborates in presenting an interdisciplinary minor in neuroscience. Every year, several of our students study abroad. Our students have opportunities for service and applied experience related to the field as part of their educational training through PSY 493 (Field Experience in Psychology). A sample of positions held in the past are: judicial aide, Bangor Sheriff's Office; childcare assistant, Hilltop Day Care Center; program assistant, Elizabeth Levinson Center; Blindness Services intern, Bureau of Human Services; mental health aide, Acadia Hospital.

### UMaine Graduate Programs

Master of Arts in Psychology  
 Doctor of Philosophy in Psychology

## Representative Courses

PSY 100	General Psychology	PSY 350	Cognition
PSY 208	Theories of Personality	PSY 352	Learning Across Species
PSY 212	Abnormal Psychology	PSY 361	Sensation and Perception
PSY 223	Psychology of Childhood	PSY 365	Biopsychology and Behavioral Neuroscience
PSY 224	Psychology of Adolescence	PSY 401	Health Psychology
PSY 230	Social Psychology	PSY 412	Foundations of Clinical Psychology
PSY 232	Environmental Psychology	PSY 423	Psychology of Parenting
PSY 241	Statistics in Psychology I	PSY 424	Abnormal Child Psychology
PSY 245	Principles of Psychological Research	PSY 425	Social Issues in Developmental Psychology
PSY 251	Psychology of Motivation	PSY 427	Emotional Development
PSY 252	Learning and Behavior	PSY 430	Current Topics in Social Psychology
PSY 266	Evolutionary Psychology	PSY 465	Hormones, Brain, and Behavior
PSY 320	Child Study Laboratory I	PSY 466	Cognitive Neuroscience
PSY 321	Child Study Laboratory II	PSY 470	History and Systems of Psychology
PSY 325	Psychology of Infant Development	PSY 491	Senior Seminar in Psychology
PSY 328	Tests and Measurements	PSY 494	Senior Research Project

## Associated Honor Societies and Student Organizations

UMaine has an active chapter of Psi Chi, an honorary society in psychology. Psi Chi sponsors sessions on research and career opportunities, and provides sessions for peer tutoring and advising. Psi Chi also sponsors trips to professional conferences, such as the Eastern Psychological Association meetings. Undergraduate students involved in research with faculty mentors present their work at professional conferences, such as meetings of the Maine Biological and Medical Sciences Symposium, the Maine Psychological Association and the Eastern Psychological Association.

## Career and Graduate Opportunities

The knowledge gained as a psychology major can be put to work in a variety of employment settings and makes it possible for the graduate to work more effectively with people. Some of our graduates have entered positions as case workers, educators and managers in human services settings such as Acadia Hospital, Bancroft School, Community Health and Counseling, New Hampshire Hospital, St. Michael's Center, Sweetser, and the Training and Development Corporation. Other employment settings include: children's librarian (Cambridge Public Library); newspaper reporter (Sanford News); research aide (Human Services Department); laboratory/research technician (Jackson Laboratory, Duke University, Vanderbilt University); special needs instructor (Lincoln Primary Elementary); supervisor (Elmhurst Association for Retired Citizens); teacher/childcare worker (New England Center for Autism). Many psychology majors choose to pursue graduate degrees in psychology and related disciplines.

## About UMaine

The University of Maine, founded in Orono in 1865, is the state's premier public university. It is among the most comprehensive higher education institutions in the Northeast and attracts students from across the U.S. and more than 60 countries. It currently enrolls 12,000 total undergraduate and graduate students who can directly participate in groundbreaking research working with world-class scholars. Students are offered 88 bachelor's degree programs, 64 master's degree programs, 25 doctoral programs and one of the oldest and most prestigious honors programs in the U.S. The university promotes environmental stewardship on its campus, with substantial efforts aimed at conserving energy, recycling and adhering to green building standards in new construction. For more information about UMaine, go online ([umaine.edu](http://umaine.edu)). Equal opportunity information also is available online ([umaine.edu/eo](http://umaine.edu/eo)).

## How do I apply?

Visit [go.umaine.edu](http://go.umaine.edu) for an application, as well as information about academics and life at UMaine.



## Academic Programs 2011–12

The latest versions of the UMaine fact sheets are online ([factsheets.umaine.edu](http://factsheets.umaine.edu)). This fact sheet is intended for informational purposes only and is subject to change.

